



Howard Primary School

15th December 2023

Dear Parent/Carer,

As part of our Wellbeing Offering, we are proud to announce that from January 2023, we will be able to offer extra support to children in the form of ELSA sessions.

What are ELSAs?

ELSAs are Emotional Literacy Support Assistants. They are specialist teaching assistants supervised by the Educational Psychologists.

An ELSA is a warm and caring person who wants to help your child feel happy in school and to reach their potential educationally. Their aim is to encourage your child's emotional development and help them to cope with life's challenges.

Our newly qualified ELSA - Ms Powell.

Ms Powell will be able to support your children with Loss and Bereavement, Emotional Literacy, Self-Esteem, Social Skills, Friendship Issues, Relationships, Managing Strong Feelings, Anxiety, Bullying, Conflict, Emotional Regulation, Growth Mindset and more. Ms Powell is part of the Wellbeing Team together Miss Ancel and Mrs Pollington.

Ms Powell will contact parents to introduce herself when it is felt that an ELSA session might be needed for your child. Sessions will be agreed with you and you will be asked to sign a consent form.

If you have any questions, please contact Mrs Pollington (SENCO) on the following email: senco@howard.croydon.sch.uk

Yours sincerely,

Mrs Pollington



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