



Howard Primary School

6th September 2023

Year 4 Swimming Lessons

Dear Parents/Carers,

Children in Year 4 will be starting swimming lessons this term at Whitgift school, as part of their P.E curriculum. The first session will be an assessment session. **Southwark bridge class** will have their session on **Tuesday 12th September** and **Millennium bridge class** will have their assessment session on **Tuesday 19th September**. After these sessions, the classes will be split into smaller groups and you will receive a letter saying when your child's sessions will be. These may not be the same as other children in the year group or class. This is to maximise the swimming teaching time your child receives.

Please can you make sure that they bring a swimming costume (preferably NOT a bikini for girls and NOT long shorts for boys), a towel and, if they have long hair, a swimming hat all in a bag that can be easily identifiable. Children may also bring goggles. Children will be taught how to swim and no prior knowledge of how to swim is needed.

Children will be assessed the first week and then put into suitable groups with no child entering the deep end unless they can swim a length unaided. A trained lifeguard will also be present.

Please remind your child to remember to bring their swimming costume into school on a **Tuesday morning** for their sessions. It is important that your child attends these lessons so that they become competent swimmers which is a necessary life skill as they get older. Whitgift School charge us to take the children swimming but we do not pass these costs on to you. **Your child needs to understand that swimming lessons can cost anything up to £100 per term so by getting them free through school, it is an opportunity not be missed!**

We would also ask that your child does not bring any aerosol deodorants or sprays when going swimming. The changing rooms are small and sprays can aggravate children who have breathing difficulties.

If there are any other questions, please don't hesitate to us.

Many thanks,

Miss Turpie, Miss Mayley and Miss Agyemang



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