# **Dress to Express Day**

What an amazing Dress to Express day we all had!

We discovered that we can express a whole range of emotions by wearing a certain colour, a texture, a pattern. Accessories such as hair bands played a big part in our Dress to Express day and so did nail varnish! We talked about fashion as a tool that can trigger great memories, a power tool that can shift our mood and help us to connect mind and body. We talked about our heros and their many costumes and how they made us feel like heroes too on a hard day.

By sharing the reason behind why we chose a particular outfit, we put into practice good mental health strategies, we discovered things we didn't know about each other, we showed kindness, respect and





shared joy! Above all we showed that we connected as a community.

We have also raised over £200 towards the building of sensory walks around school.

**Thank you Howard Primary!** 

Mrs Pollington and Miss Ancel from the Wellbeing Team at Howard Primary







CHILDREN'S MENTAL HEALTH

# Year 4 visit to Croydon Mosque

Year 4 visited
Croydon Mosque and Islamic Centre to
support our work on Islam, Authority and
Worship. They learned about the features of the
mosque and found out about how Muslims learn
and worship. Many thanks to Imam Inaam-ul-haq
Malik for leading the visit and making us feel so
welcome.

Loward



# Year 6 on Japan

This week, Year 6 have been creating video travel guides based around our learning of Japan. We have been looking at transitions, motions, background music and engaging images that we can use to persuade a specific target audience to visit the country. Once completed, we hope to share them on our Google Classrooms.

# Year 5 at Ludoquist

Year 5 had the opportunity to visit Ludoquist, the board games café in Troydon this week. Their next Design and

Technology topic will involve designing and making board games with mechanical features, so this trip provided the perfect opportunity to conduct market research...whilst having fun with our learning and enjoying a couple of slices of pizza too!





# Work with the Whitgift Foundation

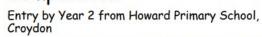
This term, we have welcomed a number of A-Level Whitgift Students for daily work experience. They have been helping out in various different year groups, supporting learning and engaging with the children at lunch time. It has been great to have such role models working with us! Next half term, we look forward to welcoming some Trinity School students on Tuesdays.







# Design a Bug Hotel Competition



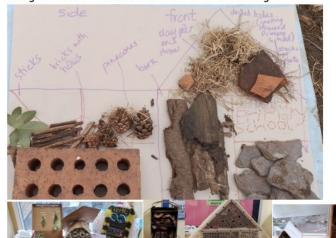
We have been designing and making bug hotels for our homework this term. In Forest School this week we discussed what a **Bug Hotel** needs and then we looked for materials in our small nature area for our design. The only material we wanted to include that we don't have is bamboo.

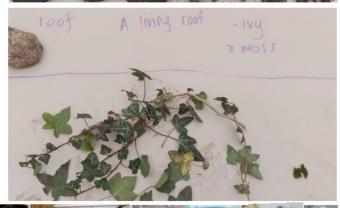
Here are pictures of our design. It is messy but we made it outside and it was quite muddy and windy. The structure would be made of wood.

We have also sent you some pictures of our homework designs. We used elements of these in our final design.











Year 4 took part in a dance workshop and really enjoyed exploring all the shapes they could make with their bodies and loved choreographing their own dances.







Following the success of our Winter Fair, we invested in First Aid training for Year 1—6. Students learnt how to help those

having an asthma attack,

how to identify open and closed fractures, what to do if someone is choking. Older students learnt about anaphylaxis and CPR. Here are

about anaphylaxis and CPR. Here are our life saving Howard students in







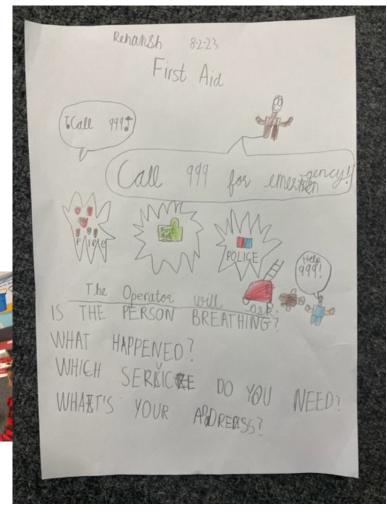


# First Aid















### **Howard Extra-Curricular**

This week, Miss Handley took a group of students to compete in the Croydon Schools Netball Tournament at Shirley High School. We are delighted to report that they came second overall. Well done netballers!





## **Dates for your Diary**



Friday 10th February—Last day of Spring 1

Monday 20th February—Return to school for Spring 2

Thursday March 2nd—World Book Day

Week Commencing 13th March—Science Week

Week Commencing 27th March—Parents' Evenings

Friday March 31st—End of Spring 2

## Half Term Fun

The Croydon Children's University Club are running a number of fun, educational events in the London area during half term. Please see the link on our school website to find out more.



## **Safer Internet Day**

This week we had an assembly with Mrs Holdway on Safer Internet Day. Following on from this, we have shared a link on the Howard website under Parent Information on 'How to Keep your Child Safe on Tik-Tok' which may be of help to families.

https://www.howard.croydon.sch.uk/wp-content/uploads/2023/02/TikTok parent factsheet.pdf