

Howard Headlines

Healthy Living Week



Howard Primary School will be taking part in Healthy Living Week from $23^{rd} - 27^{th}$ September. We will be running a number of different activities to promote healthy habits among our school community.

- Monday September 23rd: Whole school Cross Country event at Duppas Park (not Reception).
 Parents welcome.
 - 10:30-11:00 Years 5 & 6
 - 1:30 2:00 Years 3 & 4
 - 2:00 2:30 Years 1 & 2
- **Wednesday September 25**th: School assembly with special guest, ex-Olympic athlete Donna Fraser. Pupils only.
- Thursday September 26th: Sports mufti day pupils can come to school dressed as either your favourite sports star or wearing your favourite sports kit. A £1 donation to go towards buying playground sports equipment would be much appreciated.
- Healthy snack tuck shop: fruit will be available to purchase before school.
- Friday September 27th: Sponsored Skip-a-thon for all pupils.

Harvest Festival

On Tuesday 1st October we will be holding our **Harvest Festival**. We will be collecting food and other essentials for Purley Food Hub who will distribute it to those who need it in our local area. Purley Food Hub have advised that the following items would be particularly appreciated;

| Porridge | Tinned tomatoes |
|--------------------------------|----------------------------|
| Long life whole milk | Tinned/packets of potatoes |
| Jars of peanut butter | Tinned/packet custard |
| Small jars of coffee | Packets savoury biscuits |
| Tins of vegetable soup | Unisex shampoo |
| Tins of fish (tuna is popular) | Small washing-up liquid |

Please bring donations in on Monday 30th September or Tuesday 1st Oct

Holiday Dates



Autumn Term 1

 Friday 18th October - Break up for half term

Autumn Term 2

- Monday 28th October Inset Day
- Tuesday 29th October Autumn 2 term starts
- Friday 20th December Last day of term

Spring Term 1:

- Monday 6th January Inset Day
- Tuesday 7th January Spring 1 term starts