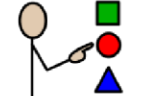






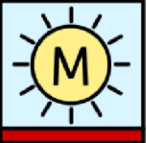
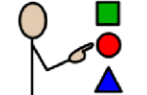







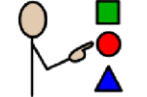







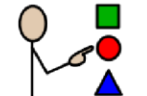






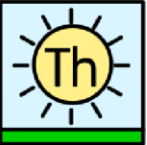







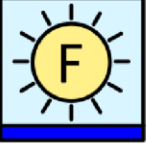
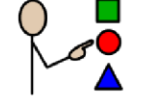
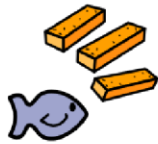





 Lunch WEEK 3	 What will you pick?	 Main meal	 Main meal	 Main meal	 Vegetables	 Dessert	 You've made a great choice!
 Monday	 Time to choose	 Chicken & sweetcorn meatballs	 Vegan ratatouille penne pasta	 Jacket potato	 Carrot & broccoli	 Orange shortbread biscuit	 Great choice
 Tuesday	 Time to choose	 Turkey & Veggie stir fry	 Vegan burrito	 Pasta with tomato sauce	 Sweetcorn & coleslaw	 Carrot cake	 Great choice
 Wednesday	 Time to choose	 Herb roast chicken	 Mac n' Cheese	 Jacket potato	 Seasonal Green veggies	 Chocolate brownie cornflake cake	 Great choice
 Thursday	 Time to chose	 Beef lasagne	 Chickpea curry	 Pasta with tomato sauce	 Cauliflower & carrot	 Vanilla ice cream	 Great choice
 Friday	 Time to choose	 Fish fingers	 Vegan Bubble & Squeak with chips	 Jacket potato	 peas & baked beans	 Apple & parsnip cake	 Great choice