



Howard Primary P.E Curriculum Map 2021/2

	Autumn 1 Sep-Oct		Autumn 2 Nov-Dec		Spring 1 Jan-Feb		Spring 2 Feb-Mar		Summer 1 Apr-May		Summer 2 Jun-Jul	
	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2	Lesson 1	Lesson 2
Reception	Real P.E Footwork and one leg balances		Real P.E Jumping and landing and seated balances		Real P.E Balances on a line and stance balance		Real P.E Ball skills and balance with a partner		Real P.E Sending and receiving and reaction/response		Real P.E Ball chasing and Floor work	
Year 1	Real P.E Footwork and one leg balances	Football	Real P.E Jumping and landing and seated balances	Dance/Circuit	Real P.E Balances on a line and stance balance	Gymnastics	Real P.E Ball skills and balance with a partner	Basketball	Real P.E Sending and receiving and reaction/response	Athletics	Real P.E Ball chasing and Floor work	Tennis
Year 2	Real P.E Footwork and one leg balances	Hockey	Real P.E Jumping and landing and seated balances	Dance/Circuit	Real P.E Balances on a line and stance balance	Gymnastics	Real P.E Ball skills and balance with a partner	Basketball	Real P.E Sending and receiving and reaction/response	Kwikk cricket	Real P.E Ball chasing and Floor work	Tennis
Year 3	Real P.E Coordination and footwork	Football	Real P.E Balance to agility, jumping & landing	Dance/Circuit	Real P.E Dynamic balance on a line	Gymnastics/Swimming	Real P.E Co-ordination sending and receiving	Swimming	Real P.E Agility Reaction/response	Rounders	Real P.E Agility Ball chasing	Athletics
Year 4	Real P.E Coordination and footwork	Hockey/Swimming	Real P.E Balance to agility, jumping & landing	Netball/Swimming	Real P.E Dynamic balance on a line	Dance/Circuit	Real P.E Co-ordination sending and receiving	Gymnastics	Real P.E Agility Reaction/response	Athletics	Real P.E Agility Ball chasing	Rounders
Year 5	Real P.E Agility Ball chasing	Tennis	Real P.E Static balance: seated and floor work	Football	Real P.E Dynamic balance: on a line and counter balance	Gymnastics/B exercise	Real P.E Dynamic balance and agility Jumping and landing	Netball	Real P.E Coordination: footwork and static balance	Athletics	Real P.E Coordination: sending and receiving and agility: ball chasing	Dance/Circuit
Year 6	Basketball	Circuit	Hockey	Boxercise	Football	Gymnastics	Netball	Circuit	Kwikk cricket	Athletics	Tennis	Rounders



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Personal



Social



Cognitive



Creative



Physical



Health and Fitness

September 2021



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