

# What is a Support Bubble?



If you live on your own,



Or you are a single parent with children under 18



You can choose another household to join with. A household is a group of people who live in the same house



This is called a support bubble



You can visit them in their house.



You can go closer than 2 metres



You can hug people in your support bubble



You can only join with one household in a support bubble. You cannot change to a different household.

**Self-isolate for 14 days**

[I understand](#)



If anyone in your support bubble gets coronavirus symptoms, you need to stay at home for 14 days.