

Ramadan

Ramadan is the ninth month of the Islamic calendar. Muslims fast between sunrise and sunset every day. Fasting means not eating or drinking during daylight hours. Fasting during Ramadan is the fourth pillar of Islam. There are five pillars, which help guide Muslims when putting their faith into action.

Ramadan is called the month of the Qu'ran.



The Qu'ran

The Qu'ran is the holy book of Islam.

Fasting during Ramadan

During Ramadan, it is common to have one meal just before the sun rises and another meal directly after the sun has set.

Fasting is important to Muslims as a sign of self-discipline and control. It is also a time to think of people who do not have enough to eat and often go hungry.

Muslims believe:

- that their good actions bring greater reward during this month than at any other time of the year;
- that it is easier to do good during Ramadan;
- that they should try to give up bad habits during Ramadan.

A social occasion

Ramadan is a time to get together with family and friends. The fast is broken each evening by sharing a meal. The end of Ramadan is an important religious holiday. The celebration is called Eid al-Fitr. Eid al-Fitr means 'festival of the breaking of the fast'.

Did you know?

Those who are ill, elderly or pregnant are not expected to fast during Ramadan.



Questions

1. Ramadan is: Tick one.

- | | |
|---|---|
| <input type="checkbox"/> The fifth pillar of Islam | <input type="checkbox"/> The second pillar of Islam |
| <input type="checkbox"/> The fourth pillar of Islam | <input type="checkbox"/> The tenth pillar of Islam |

2. What is the purpose of the five pillars of Islam?

- To help Muslims put their faith into action.
- To help Muslims fast.
- To help Muslims learn to pray.
- To help Muslims listen.

3. What is the Qu'ran?

4. Match up these sentences.

It is common to have one meal

Pregnant women do

Fasting is a time

of self-discipline.

before sunrise.

not have to fast.

5. What do Muslims believe about Ramadan? Tick two.

- That it is easier to do good deeds during Ramadan.
- That they should do bad things at Ramadan.
- That they should think about people who might not have enough to eat.
- That they get no rewards from doing good during Ramadan.

6. What happens at the end of each day of fasting? Tick one.

- Muslims go to the mosque.
- Muslims share a meal with family.
- Muslims go to bed.
- Muslims go to a festival.

7. Match up these sentences.

Eid al-Fitr is

Ramadan is

Fasting is

not eating and drinking.

a festival meaning 'breaking the fast'.

a time of fasting and doing good.

Answers

1. Ramadan is: Tick one.

- | | |
|---|---|
| <input type="checkbox"/> The fifth pillar of Islam | <input type="checkbox"/> The second pillar of Islam |
| <input checked="" type="checkbox"/> The fourth pillar of Islam | <input type="checkbox"/> The tenth pillar of Islam |

2. What is the purpose of the five pillars of Islam?

- To help Muslims put their faith into action.**
- To help Muslims fast.
- To help Muslims learn to pray.
- To help Muslims listen.

3. What is the Qu'ran?

The Qu'ran is special because it is the holy book of Islam.

4. Match up these sentences.

It is common to have one meal	_____	of self-discipline.
Pregnant women do	_____	before sunrise.
Fasting is a time	_____	not have to fast.

5. What do Muslims believe about Ramadan? Tick two.

- That it is easier to do good deeds during Ramadan.**
- That they should do bad things at Ramadan.
- That they should think about people who might not have enough to eat.**
- That they get no rewards from doing good during Ramadan.

6. What happens at the end of each day of fasting? Tick one.

- Muslims go to the mosque.
- Muslims share a meal with family.
- Muslims go to bed.
- Muslims go to a festival.

7. Match up these sentences.

Eid al-Fitr is	_____	not eating and drinking.
Ramadan is	_____	a festival meaning 'breaking the fast'.
Fasting is	_____	a time of fasting and doing good.

Ramadan

Ramadan is the ninth month of the Islamic calendar, when Muslims fast between sunrise and sunset every day. Fasting during Ramadan is the fourth pillar of Islam. There are five pillars, which help guide Muslims to put their faith into action.

Ramadan is called the month of the Qu'ran.



The Qu'ran

The Qu'ran is the holy book of Islam.

The Five Pillars of Islam

The Five Pillars of Islam are five obligations which Muslims must carry out in order to live a good life according to Islam.

Fasting during Ramadan

Fasting means not eating food or drink during daylight hours. It is common to have one meal just before the sun rises and another meal directly after the sun has set.

Fasting is important to Muslims as a sign of self-discipline and generosity. It is also a time to think of those who do not have enough to eat and often go hungry.



Muslims believe:

- that their good actions bring greater reward during this month than at any other time of the year;
- that it is easier to do good during Ramadan;
- that they should try to give up bad habits during Ramadan;
- that they will become better Muslims by praying more and reading the Qu'ran.

A social occasion

Ramadan is a time to get together with family and friends. The fast is broken each evening by sharing a meal. The end of Ramadan is an important religious holiday. The celebration is called Eid al-Fitr. Eid al-Fitr means 'festival of the breaking of the fast'.



Did you know?

Those who are ill, elderly or pregnant are not expected to fast during Ramadan.



Questions

1. Ramadan is: Tick one.

- | | |
|--|---|
| <input type="checkbox"/> The fourth month of the Islamic calendar. | <input type="checkbox"/> The fifth pillar of Islam. |
| <input type="checkbox"/> The ninth month of the Islamic calendar. | <input type="checkbox"/> The third pillar of Islam. |

2. How do Muslims know when to fast during Ramadan?

3. Match up these sentences.

- | | |
|---------------------------|------------------------------------|
| Muslims fast | is a holy book. |
| The Five Pillars of Islam | when it is Ramadan. |
| The Qu'ran | guide Muslims to live a good life. |

4. Which word closely matches the meaning of 'obligations'. Tick one.

- Outcomes
- Duties
- Necessary
- Tasks

5. Write three things you are told about fasting.

6. Write 'true' or 'false' beside the following statements.

Rewrite any false statement to be true.

Muslims believe that Ramadan is a time to do good. _____

Muslims believe it is harder to do good during Ramadan. _____

Muslims believe that they will gain no reward for doing good deeds during Ramadan.

Muslims believe that praying more will make them better Muslims. _____

Questions

7. Name one other practice that Muslims believe will help them be a better person, during Ramadan.

8. Explain what self-discipline is and how Ramadan is a time to practise this skill.

9. Explain in detail, how the end of Ramadan is celebrated?

Answers

1. Ramadan is: (tick one)

- The fourth month of the Islamic calendar. The fifth pillar of Islam.
 The ninth month of the Islamic calendar. The third pillar of Islam.

2. How do Muslims know when to fast during Ramadan?

Muslims fast for the length of time after sunrise and before sunset, during Ramadan.

3. Match up these sentences.

Muslims fast ~~is a holy book.~~
 The Five Pillars of Islam ~~when it is Ramadan.~~
 The Qu'ran ~~guide Muslims to live a good life.~~

4. Which word closely matches the meaning of 'obligations'. Tick one.

- Outcomes
 Duties
 Necessary
 Tasks

5. Write three things you are told about fasting.

Answers may vary, though should include: a sign of self-discipline and generosity. It is also a time to think of those who do not have enough to eat and often go hungry.

6. Write 'true' or 'false' beside the following statements.

Rewrite any false statement to be true.

Muslims believe that Ramadan is a time to do good. **True.**

Muslims believe it is harder to do good during Ramadan. **False. Muslims believe it is easier to do good during Ramadan.**

Muslims believe that they will gain no reward for doing good deeds during Ramadan.

False. Muslims believe that their good actions will bring greater reward during Ramadan.

Muslims believe that praying more will make them better Muslims. **True.**

7. Name one other practice that Muslims believe will help them be a better person, during Ramadan. **Muslims believe that reading the Qu'ran during Ramadan will help them be a better person.**

Answers

8. Explain what self-discipline is and how Ramadan is a time to practise this skill.

Self-discipline is when you show self-control and you try hard not to do something you really want to do. Ramadan is a time to practise this skill because Muslims have to show self-discipline by not eating or drinking during the day.

9. Explain in detail, how the end of Ramadan is celebrated?

The end of Ramadan is celebrated with Eid al-Fitr which means the 'breaking of the fast' and a big meal is shared with family and friends.

Ramadan

Ramadan is the ninth month of the Islamic calendar, when Muslims fast between sunrise and sunset every day. Fasting during Ramadan is the fourth pillar of Islam. There are five pillars, which help guide Muslims put their faith into action and purpose.

Ramadan is called the month of the Qu'ran, because it is believed that it is the time when the Qu'ran was first revealed to the Prophet Muhammad.



The Qu'ran

The Qu'ran is the holy book of Islam and recognised by Muslims as the word of God, known as Allah.

The Five Pillars of Islam

The Five Pillars of Islam are five obligations which Muslims must carry out in order to live a good life according to Islam. These are:

Shahada: This is the Declaration of Faith. When a person recites this, they are entering the Islamic faith.

Salah: Muslims pray five times each day.

Zakat: Muslims give money to charity.

Sawm: Fasting during the month of Ramadan.

Hajj: Muslims should make a pilgrimage to Mecca, a city in Saudi Arabia.

Fasting during Ramadan

Fasting means not consuming food or drink during daylight hours. It is common to have one meal (suhour) just before sunrise and another meal (iftar) directly after sunset.

Fasting is important to Muslims as a sign of self-discipline, self-restraint and generosity. Muslims believe that their good actions bring greater reward



during this month than at any other time of the year, because it has been blessed by Allah (God).

They also believe that it is easier to do good during Ramadan, because the gates of Hell have been closed, so the devils cannot tempt believers, yet the gates of Heaven are open. Almost all Muslims try to give up bad habits during Ramadan and endeavour to become better Muslims by praying more and reading the Qu'ran.

A social occasion

Ramadan is a time to get together with family and friends. The fast is broken each evening by sharing a meal. The end of Ramadan is an important religious holiday, and a celebration of the start of the new month is recognised by Eid al-Fitr. Eid al-Fitr means 'festival of the breaking of the fast'.

Did you know?

Those who are ill, elderly or pregnant are exempt from fasting during this time.



Questions

1. Explain how the Qu'ran is linked to the importance of Ramadan.

2. Choose another word which could be used other than 'obligations'.

3. Zakat is one of the Five Pillars of Islam.

Choose the correct option below that best describes Zakat.

It is related to the holy journey which Muslims are encouraged to make.

It is the opportunity to show dedication to Allah.

It is the chance to show one's generosity towards others.

It is the sharing of a meal at the end of the fasting time.

4. Complete this sentence.

The meals eaten during Ramadan are called _____ and they refer to

5. Which word closely matches the meaning of 'exempt'? Tick one.

Mercy

Absolved

Justified

Pardoned

6. Fasting is described 'as a sign of self-discipline, self-restraint and generosity? Explain why this is the case, and why this is relevant to Ramadan.

7. Why do Muslims believe that the gates of Hell being closed during Ramadan make it easier to do good deeds?

Questions

8. Complete this table.

	True	False
Ramadan is a chance to think about others and become a better person.		
Fasting Muslims can eat before sunset during Ramadan.		
Ramadan is the ninth pillar of Islam.		
Ramadan is a time to avoid doing bad things which you have done for a while.		

9. Here are summaries of some of the paragraphs. Number them 1 to 5 in the correct order.

Beliefs about Ramadan.

How Ramadan is celebrated.

Commitments of being a Muslim.

The purpose of fasting.

The basic facts about Ramadan.

10. Describe in your own words, what Ramadan is.

Answers

1. Explain how the Qu'ran is linked to the importance of Ramadan.

The Qu'ran is linked to the importance of Ramadan, because Ramadan is called the month of the Qu'ran as this is believed that it is the time when the Qu'ran was first revealed to the Prophet Muhammad. As the Qu'ran is believed to be the word of God, Allah, Ramadan is thought to be very important/ links to the Prophet Muhammad.

2. Choose another word which could be used other than 'obligations'.

Another word other than 'obligations' might be expectations or duties.

3. Zakat is one of the Five Pillars of Islam.

Choose the correct option below that best describes Zakat.

- It is related to the holy journey which Muslims are encouraged to make.
- It is the opportunity to show dedication to Allah.
- It is the chance to show one's generosity towards others.
- It is the sharing of a meal at the end of the fasting time.

4. Complete this sentence.

The meals eaten during Ramadan are called suhoor and iftar and they refer to the meals eaten before sunrise and after sunset.

5. Which word closely matches the meaning of 'exempt'? Tick one.

- Mercy Absolved
- Justified Pardoned

6. Fasting is described 'as a sign of self-discipline, self-restraint and generosity? Explain why this is the case, and why this is relevant to Ramadan.

Fasting is described as a sign of self-discipline, self-restraint and generosity because fasting is not eating food for a certain period of time. Therefore, this take a lot of self-discipline and self-restraint. Not allowing yourself to be tempted. Regarding generosity, you are thinking of others who do not have enough food, and sharing what you have during the meal at the end of Ramadan.

Answers

7. Why do Muslims believe that the gates of Hell being closed during Ramadan make it easier to do good deeds?

Muslims believe that it is easier to do good deeds during Ramadan because the gates of Hell are closed, as this means that the devils are not trying to tempt people into doing things they should not.

8. Explain what self-discipline is and how Ramadan is a time to practise this skill.

	True	False
Ramadan is a chance to think about others and become a better person.	✓	
Fasting Muslims can eat before sunset during Ramadan.		✓
Ramadan is the ninth pillar of Islam.		✓
Ramadan is a time to avoid doing bad things which you have done for a while.	✓	

9. Here are summaries of some of the paragraphs. Number them 1 to 5 in the correct order.

Beliefs about Ramadan. **4**

How Ramadan is celebrated. **5**

Commitments of being a Muslim. **2**

The purpose of fasting. **3**

The basic facts about Ramadan. **1**

10. Describe in your own words, what Ramadan is.

Answers will vary.