## Daily Reception Home Learning Timetable

| SUGGESTED | SUGGESTED MORNING ACTIVITIES |  |
| :---: | :---: | :---: |
|  | Getting reading routines for home learning. <br> - What do you do to get ready? |  |
| 10 minutes | Super sentence <br> - Complete the super sentence that your adult has given to you <br> - Note to adult: Please encourage and support your child by reminding them to sound out unfamiliar words and don't worry to correct each word as your child is learning to spell phonetically. |  |
| 10 minutes | Brain Break <br> - Stand at your window and have a look at what is going on. <br> - Play I spy with my little eye |  |
| 30 minutes | Choose EITHER a Literacy OR a Maths activity from below |  |
|  | Literacy Activity Read your favourite Traditional Tale and complete one of these activities: <br> - Make a story map <br> - Choose a character to draw and write as many words as you can to describe the character. Is the character a villain or a hero? | Maths Activity <br> Complete one of these activities: <br> - White Rose Maths activity <br> - Mathletics activity <br> - Maths Challenge activity |
| 20 minutes | Take a break <br> - Go for a short walk inside your home <br> - Have a chat with someone in your home <br> - Have a small healthy snack <br> - Drink some water |  |
| 50 minutes | Choose ONE activity from: <br> - Mrs Pollington's activity mat <br> - Mrs Simion's 'Don't be bored' board on Pinterest: https://www.pinterest.co.uk/jane darke/dont-be-bored-board/ |  |
| 10 minutes | Brain Break <br> Sing a movement song such as: <br> - Heads, shoulders, knees and toes <br> - Shake your sillies out |  |
| 30 minutes | Phonics <br> - Watch a daily Phonics lesson <br> - Visit PhonicsPlay to do a Phonics activity <br> - Practise your animal words with your adult <br> - Read a book on Oxford Owls to your adult |  |
| 90 minutes | Lunch and Play <br> - Help your adult to prepare the table for lunch <br> - Enjoy lunch with your family <br> - Play your favourite games <br> - Go outdoors for a walk with your adult if it is safe to do so. |  |


| SUGGESTED TIME | SUGGESTED AFTERNOON ACTIVITIES |  |
| :---: | :---: | :---: |
| 30 minutes | PE Activity <br> Choose ONE activity: <br> - from the REAL PE website or <br> - from Joe Wicks on You Tube or <br> - from the Cosmic yoga website |  |
| 30 minutes | Choose either a Literacy or Maths activity from below |  |
|  | Literacy Activity <br> Read your favourite Traditional Tale and complete one of these activities: <br> - Make a story map <br> - Choose a character to draw and write as many words as you can to describe the character. Is the character a villain or a hero? | Maths Activity <br> Complete one of these activities: <br> - White Rose Maths activity <br> - Mathletics activity <br> - Maths Challenge activity |
| 10 minutes | Take a break <br> - Go for a short walk inside your home <br> - Have a chat with someone in your home <br> - Have a small healthy snack <br> - Drink some water |  |
| 50 minutes | Choose ONE activity from: <br> - Mrs Pollington's activity mat <br> - Mrs Simion's 'Don't be bored' board on Pinterest: https://www.pinterest.co.uk/jane darke/dont-be-bored-board/ <br> - Your adult's or your own activity |  |
| 10 minutes | Tidy up Help your adult to tidy up |  |
| 20 minutes | Storytime <br> Ask your adult to read a story to you |  |
| 5 minutes | Reflection Time <br> Think about your day. <br> Which activity did you enjoy most? Why? <br> What are you thankful for? <br> What would you like to do tomorrow? |  |

