Daily Reception Home Learning Timetable

SUGGESTED TIME	SUGGESTED MORNING ACTIVITIES		
	Getting reading routines for home learning.		
	What do you do to get ready?		
10 minutes	 Super sentence Complete the super sentence that your adult has given to you 		
	Note to adult: Please encourage and support your child by reminding them to		
	sound out unfamiliar words and don't worry to correct each word as your child is learning to spell phonetically.		
10 minutes	Brain Break		
20 1111114123	 Stand at your window and have a look at what is going on. 		
	Play I spy with my little eye		
30 minutes	Choose EITHER a Literacy OR a Maths activity from below		
	Literacy Activity	Maths Activity	
	Read your favourite Traditional Tale and	Complete one of these activities:	
	complete one of these activities:	White Rose Maths activity	
	Make a story map	Mathletics activity	
	Choose a character to draw and	Maths Challenge activity	
	write as many words as you can to describe the character. Is the		
	character a villain or a hero?		
20 minutes			
	 Go for a short walk inside your home Have a chat with someone in your home Have a small healthy snack 		
	Drink some water		
50 minutes	•		
	Mrs Pollington's activity mat Mrs Similary's (Parkthantary) and an Biotagasti		
	 Mrs Simion's 'Don't be bored' board on Pinterest: https://www.pinterest.co.uk/jane_darke/dont-be-bored-board/ 		
	ittps://www.piiiterest.co.uk/jane_uar	<u>ke/dont-be-bored-board/</u>	
10 minutes	Brain Break		
	Sing a movement song such as:		
	Heads, shoulders, knees and toes		
	Shake your sillies out		
30 minutes	0 minutes Phonics		
	Watch a daily Phonics lesson		
	Visit PhonicsPlay to do a Phonics activity		
	Practise your animal words with your adult		
	Read a book on Oxford Owls to your adult		
90 minutes	Lunch and Play		
	 Help your adult to prepare the table for lunch Enjoy lunch with your family Play your favourite games Go outdoors for a walk with your adult if it is safe to do so. 		
	20 outdoors for a walk with your addit	16 15 3416 to 40 30.	

TIME 30 minutes PE Activity Choose ONE activity:			
Choose ONE activity:			
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from the REAL PE website or	 from the REAL PE website or from Joe Wicks on You Tube or 		
from Joe Wicks on You Tube or			
from the Cosmic yoga website			
30 minutes Choose either a Literacy or Maths activity from below	ose either a Literacy or Maths activity from below		
Literacy Activity Maths Activity	,		
	of these activities:		
complete one of these activities:	Rose Maths activity		
	etics activity		
	Challenge activity		
write as many words as you can to			
describe the character. Is the			
character a villain or a hero?			
	Take a break		
Go for a short walk inside your home			
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Have a small healthy snack			
Drink some water			
	Choose ONE activity from:		
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	Mrs Simion's 'Don't be bored' board on Pinterest:		
	https://www.pinterest.co.uk/jane_darke/dont-be-bored-board/		
Your adult's or your own activity			
10 minutes Tidy up			
Help your adult to tidy up			
20 minutes Storytime			
Ask your adult to read a story to you			
5 minutes Reflection Time			
Think about your day.			
Which activity did you enjoy most? Why?			
What are you thankful for?			
What would you like to do tomorrow?			